

Westgrove Primary School

SunSmart Policy

Rationale:

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

Aims:

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

Implementation:

- Children will be required to wear School Council approved school uniform, which includes Sunsmart hats (broad brimmed hats with at least a 6 cm rigid brim or legionnaire style) from the beginning of Sept to the end of April whenever they are outside.
- Staff will act as role models by also wearing broad brimmed hats (at least 6cm rigid brim) and appropriate clothing when outside.
- Appropriate School Council approved school uniform hats for students will be readily available for purchase at the uniform supplier, Rushford's and the school office.
- Children without approved Sunsmart hats will be restricted to play in designated shaded areas. Children who habitually don't bring a hat may be restricted from playing outside.
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+).
- Families and visitors to the school are encouraged to act as role models by practising Sunsmart behaviours.
- Whenever possible, outside activities on hot days will be scheduled before 11:00 am.
- The School Council will provide adequate shade structures for students as practicable; particularly over high density play areas such as sand pits and play equipment.
- The school newsletter and school assemblies will be used to highlight and reinforce the Sunsmart message.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.
- Our school will maintain our accreditation as a Sunsmart school at the Anti-Cancer Council of Victoria.

Evaluation:

This policy will be reviewed as part of the school's review cycle.

This policy was last ratified by School Council on 12th November 2013